

GROWER'S FACTS

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L ETTUCE – MEACLUM

CULTURAL PRACTICES: lettuce is the first harvest of spring. Very resistant to cold, it can be sown as soon as you can work the soil. For an early harvest, sow in a hot or cold layer and transplant directly in May. Germination will be faster and more uniform if the temperature is between 10 ° C and 15 ° C.

SOIL: rich, well-drained soil is ideal for its cultivation.

SPACING: for the main harvest, sow seeds in the ground in rows spaced 40 cm to 45 cm apart. Depending on the variety, leave a distance of 20 to 25 cm between the plants.

GROWING TIPS: adding decomposed manure, compost, or fertilizer with a high level of nitrogen is beneficial. Needs full sun and constant humidity. Mulch the soil to reduce weeds and maintain soil moisture.

HARVEST: Ideally, harvest tender young leaves, preferably early in the morning, as they grow. This also delays when the plants go to seed.