

# GROWER'S FACTS

W.H.PERRON 

## Bett

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**CULTURAL PRACTICES:** sow seeds directly in the garden from May to the beginning of July. The beets will have a better taste when they grow quickly and steadily.

**SOIL:** light and slightly sandy soil with a pH of 6.0 or higher. The soil should be free of stones and clumps to allow the proper development of the root system. Work the soil thoroughly with compost or manure.

**SPACING:** sow 1 cm deep. Clear plants 8 cm apart on rows, spaced the rows at least 30–40 cm apart.

**GROWING TIPS:** heavy rains after a long period of dry weather will result in poor root colour. These drought periods will also cause tough or woody roots. Keep the beets well-watered. A full sun exposure is ideal.

**HARVEST:** beets are tender as soon as they reach half their size, but harden when they become larger. When the plants are young, the leaves make delicious greens.