

# Sprouts and microgreens – Harvest and yield chart



Category : Sprouts				Days to harvest		Yield (weight ratio)	
Variety	Code	Form.	Soak (hours)	Rinse/drain per day (2)	Sprouts	Sprouts	
Alfalfa	65-9502	ORG	8-12	2-3	5-6	7 :1	
Bean Mung	65-9518	UNT	8-12	2-3	2-5	2 :1	
Energy mix (3)	65-9512	UNT	6-10	2	5-6	n/d	
Fenugreek	65-9530	ORG	6-12	2-3	4-6	5 :1	
Soja	65-9510	UNT	2-12	2-3	2-6	2 :1	
Vitality mix	65-9513	UNT	6-10	2	5-6	n/d	

Category : Sprouts & microgreens				Days to harvest		Yield (weight ratio)		
Variety	Code	Form.	Soak (hours)	Rinse/drain per day (2)	Sprouts	Micro-green	Sprouts	Micro-greens
Broccoli Rabb	65-9503	ORG	8-12	2-3	3-6	5-14	5 :1	3 :1
Cabbage Red	65-9517	UNT	6-12	2-3	3-6	5-14	5 :1	3 :1
Clover Red	65-9504	UNT	8-12	2-3	5-6	5-14	7 :1	n/d
Chickpea	65-9525	ORG	8-12	2-3	2-4	10-14	2 :1	1 :1
Kale	65-9533	ORG	6-12	2-3	3-6	5-14	5 :1	3 :1
Kohlrabi Red	65-9520	UNT	6-12	2-3	5-7	7-14	5 :1	3 :1
Lentils Green	65-9516	ORG	8-12	2-3	2-3	n/d	2 :1	n/d
Lentils Red	65-9534	UNT	8-12	2-3	2-3	n/d	2 :1	n/d
Pea	65-9511	UNT	8-12	2	2-3	10-14	2 :1	1 :1
Pea Maple (speckled)	65-9535	UNT	8-12	2-3	3-6	5-14	5 :1	1 :1
Radish China Rose	65-9519	ORG	6-12	2-3	3-6	5-14	5 :1	n/d
Radish Daikon	65-9509	ORG	6-12	2-3	3-6	5-14	5 :1	n/d
Radish Rambo	65-9529	ORG	6-12	2-3	3-6	5-14	5 :1	8 :1
Radish Super Hong Vit	65-2715	UNT	6-12	2-3	2-3	5-14	7 :1	12 :1
Wheat Hard Red Winter	65-9527	ORG	12	2-3	2-3	8-10		

Category : Microgreens				Days to harvest		Yield (weight ratio)	
Variety	Code	Form.	Soak (hours)	Micro-green		Micro-greens	
Aragula (1)	65-9508	UNT	No	5-14		10 :1	
Basil (1)	65-9515	UNT	No	14-21		3 :1	
Beet	65-9507	ORG	No	14-21		3 :1	
Coriander	65-9522	ORG	No	14-21		3 :1	
Dill	65-9531	ORG	No	12-15		4 :1	
Fennel	65-9521	ORG	No	13-14		4 :1	
Sunflower	65-9506	ORG	8-12	8-12		6 :1	

**(1) Mucilaginous seeds:** will release a gelatinous substance when in contact with water.

It is recommended to water the base and drain well.

**(2) Rinse/Drain:** Rinse daily as often as recommended and drain well. Do not leave any standing water.

**(3)** Contains mucilaginous seeds (flax and arugula).

**Important:** Germs and sprouts production times, as well as their yield, can vary according to different criteria such as room temperature, water, temperature, seed lots, harvest stage, the lighting used, the density of the seedbed, the substrate, etc.