

## CHINESE PINK RADISH - sprouts and microgreens

Seeds soaking (hours)	Rinse/drain per day	Days to harvest		Yield (weight ratio)	
	Sprouts	Sprouts	Microgreens	Sprouts	Microgreens
6-12	2-3	3-6	5-14	5: 1	n/d



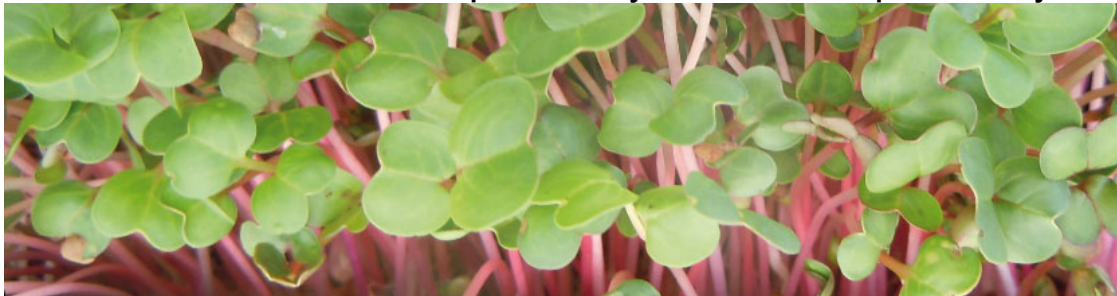
Seeds



Sprouts / 4 days



Sprouts / 5 days



Microgreens / 10 days

**Taste** Strong radish taste and a bit spicy.

**Appearance** The Chinese pink radish seed is light green in color and medium-sized. The stem of the shoot is purplish pink.

**Nutrient** The Chinese pink radish contains A, B1, B2, C vitamins and minerals: calcium, iron, zinc, potassium, magnesium, sodium, phosphorus.

**Tip** Formation of small white rootlets at the base of the sprout, resembling mold, indicates that it is thirsty and needs bathing.

This pink radish will enhance any dish.

Note: The **Chinese pink radish** easily ferments and dehydrates: it must be frequently rinsed (3 to 4 times per day) and moisten.