

## *BASIL - microgreens*

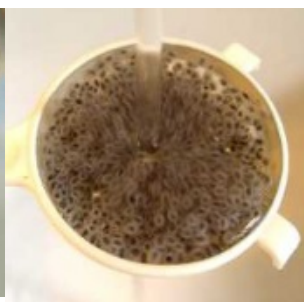
Seeds soaking	Days to harvest	Yield (weight ratio)
15 minutes if grown in hydroponics	14-21	3 : 1



Seed



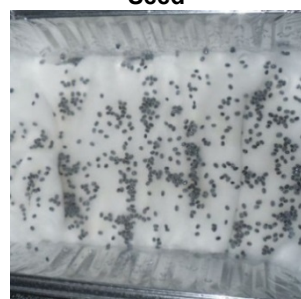
15 minutes of soaking



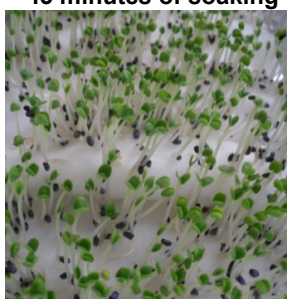
Rincing



Ready to plant



2 days



Hydroponic microgreens  
6 days



8 days



10 days

**Taste** A taste reminding of pesto.

**Appearance** Tiny and delicate seed, oval shaped and brown colored,.

**Nutrimet** Rich in antioxidants. A, B, C vitamins, mineral salts (calcium, iron, magnesium, potassium) and oligo-elements (manganese, zinc).

**Use** Germination of the basil seed is quite specific. Soaking time is short, quantities to be germinated are low because seeds swell and cannot be overlapped. One teaspoon is sufficient to cover the sprouting cup. You can also cultivate basil seeds in potting soil, you must be very careful when harvesting you will want only the aerial parts.

NOTE: harvesting can take up to 10 days.