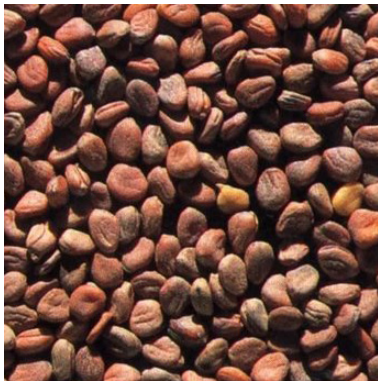


RED DAIKON RADISH (*Super Hong Vit*) - sprouts and microgreens

Soak Seeds (hours)	Rinse/drain per day	Days to harvest		Yield (weight ratio)	
		Sprouts (mix)	Microgreens	Sprouts (mix)	Microgreens
6-12	2-3	3-6	5-14	7: 1	8 : 1



Seeds



Sprouts / 5 days



Microgreens / 8 days

Taste Distinctive radish flavor.

Appearance Medium sized seed - various shades of brown in color.

Nutrient Contains A, B1, B2, and C vitamins and minerals: calcium, iron, zinc, potassium, magnesium, sodium, phosphorus.

Use Goes well with any cooked dish and salads.

Tip Formation of small white rootlets at the base of the sprout, resembling mold, indicates that it is thirsty and needs bathing.
Regular pepper can easily be replaced with red Daikon sprouts.

The sprouted **red Daikon radish** easily ferments and dehydrates: it must be frequently rinsed (3 to 4 times per day) and moisten.